

# Seeding a Healthy Community A Festival for Healthy Living

Saturday, April 4  
8 am until 3 pm

Hosted by Watters Creek at Montgomery Farm  
SW Corner of Highway 75 and Bethany Rd.



*Spend a Saturday enjoying the great outdoors and  
a healthy way of life!*

Bring the family for nature walks, bird watching, kayaking, canoeing and cooking demonstrations. Meet "Seedfolks" author Paul Fleischman at Border's. Shop at a Farmers Market. Take part in garden presentations. Let the children roll up their sleeves and explore their passion for the outdoors through a wide array of hands-on activities!

This event is collaboration between ALLEN Reads, Alliance for a Healthier Allen (Market Street, Presbyterian Hospital of Allen, City of Allen Parks and Recreation and Allen ISD), and a community based EE Consortium (Keep Allen Beautiful, Allen Garden Club, Ecoliteracy Project, Montgomery Farm and Connemara Conservancy).